

Topic : 2

SPOTS↑
most commonly
MISSED!

COOK
WHEN THE TEMP IS RIGHT,
TAKE A BITE!

CHILL
ARE YOU
COOL ENOUGH?

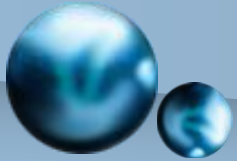
GOT bad bacteria?
IF YOUR FRIDGE IS WARM YOU DO!
KEEP IT 32 TO 40°F

LEFTOVERS HELP
KEEP YOU ALIVE!
BUT ONLY IF
YOU REHEAT 'EM
TO 165°F.

CHILL LUNCH &
LEFTOVERS
WITHIN 2 HOURS.



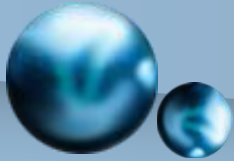
Promotions Food



Advice When Buying Food During Promotions:

- Check out the expiry date
- Check out the products physically, (There is no leakage or bulging of the containers, especially in the small shops like grocery).
- Purchase the most needed quantities of food that can be consumed within the shelf life.
- The consumer has to be in need for the product and not attracted to cheap price.
- Chilled and frozen food must be transfer to the house within two hours especially in the summer.
- Don't get attracted by promotion campaign, you by what you need only.





With Regards

Food Safety Awareness Team

Food Studies And Planning Section

Food Control Department.

