

 GOVERNMENT OF DUBAI	Organization Unit Public Health & Safety Department	الوحدة التنظيمية:	 بلدية دبي DUBAI MUNICIPALITY	
	Form sheet title:	Guidelines for First-aid Requirement		اسم النموذج:
	Doc Ref.	DM-PH&SD-P4-TG17		رقم النموذج:

First-aid Requirement

Background: First-aid is the immediate, temporary treatment given in the case of accident or sudden illness before the service of a physician can be secured. Proper first-aid measures reduce suffering and place the injured person in a physician's hands in a better condition to receive subsequent treatment. Also, first-aid should be for prompt attention, given to injuries such as cuts, scratches, bruises and burns which are usually minor in nature. The provision of proper first-aid facilities is an important safety and health requirement. Dubai Occupational Health and Safety Regulations require that every employer to ensure the protection of health and safety of employees engaged in their workplace.

Guidelines:

1. In every workplace, there shall be a first-aid box or cupboard provided, maintained and readily accessible during all working hours with the minimum prescribed contents as given in Table (1).
2. Where the number of workers is more than 150, but less than 250, one more additional unit (complete set) shall be kept in the premises.
3. Each first-aid box or cupboard should be placed in a clearly identified and readily accessible location.
4. Boxes and kits should be checked frequently to ensure they are fully stocked and all items are in a usable condition.
5. The first-aid box or cupboard should protect the contents from dampness and dust.
6. Where there are 250 or more workers at work, a first-aid room of size 20 sq. meters containing the prescribed equipment and material under the charge of a qualified first-aider possessing a certificate approved by Dubai Municipality / Government of Dubai / U.A.E.
7. The first-aid room should:-
 - a. be readily available and used only for rendering of first-aid
 - b. contain the items listed in Table (2) in addition to the first-aid materials mentioned in Table -1 (Guidelines 1 and 2)
8. The name of the first-aider should be exhibited in the premises.

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9. The employer should ensure that adequate facilities are available to call physician or ambulance or contact any other agency or to transport the injured person from the workplace.
10. The companies should keep a record of:
 - a. Name of the injured
 - b. Date and time
 - c. Type or nature of injury or illness
 - d. First-aid or treatment given
 - e. References to Hospital made if any.

**FURTHER INFORMATION IS AVAILABLE FROM
 PUBLIC HEALTH AND SAFETY DEPARTMENT
 Tel: 2064244 FAX: 2270160**



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Table (1)

First Aid Box or Cupboard Contents

Item	No. of Employees				
	1-10	11-25	26-50	51-100	101-150
Guidance card	1	1	1	1	1
Plastic Band aids	40	75	150	300	450
Adhesive Tape 1/2" x 10 yds	1	1	1	2	3
Adhesive Tape 1" x 10 yds	1	1	1	2	3
Absorbent Cotton - Bundle	1	1	1	1	2
Gauze Bandage - 1"	1	1	2	4	6
Gauze Bandage - 2"	1	2	4	8	10
Gauze Bandage - 3"	1	2	4	8	10
Gauze Pads - 3" x 3"	1	2	5	10	15
Oval Eye Pads	1	3	3	6	9
Triangular Bandage	1	2	2	4	6
Ammonia Inhalant - Bottle	1	1	1	1	2
Eye wash	2 oz	4 oz	4 oz	4 oz	4 oz
First Aid Cream	1	1	1	1	2
Calamin Lotion	1 oz	2 oz	2 oz	4 oz	6 oz
Cotton Tipped Applicator- 6"	25	50	100	200	300
Rescue Breather	-	1	1	1	1
Surgical Scissors	1	1	1	1	1
Anti-septic Solution	250 ml.	500 ml.	500 ml.	500 ml.	1000 ml.

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Table (2)

FIRST AID ROOM SHOULD CONTAIN THE FOLLOWING IN ADDITION TO THE FIRST AID BOX OR CUPBOARD CONTENTS MENTIONED IN TABLE (1)

1. A Stretcher
2. Wheel Chair
3. A sink with hot and cold running water
4. Drinking water
5. Paper Towels, soap and nail brushes
6. Smooth topped impermeable work surfaces
7. Clean garments for use by first-aiders
8. Clinical thermometer
9. One wash bottle
10. A couch with pillow and blankets frequently cleaned
11. Dressing Trolley (2 shelves with castor wheels)
12. Kidney Tray Medium size - 2 Nos.
13. Splints of different size.