Health Requirements for Massage centers and Spa
1- Purpose:
- To insure commitment of all massage centers and Spa with the public health requirements.
- To insure the implementation of unified health requirement in all massage centers and Spa in the Emirate of Dubai.

2- Scope:
- The health requirement is applicable in all Beauty Saloons in the Emirate of Dubai.

3- Responsibility:
1-3- Director of Public Health & Safety Department.
2-3- Head of Health Control Section.
4-3- Public Health Inspector Officer.
5-3- Assistant Public Health inspector.

4- Details of implementation:

4-1 Licenses:
4-1-1. A valid professional trade license issued from Department of Economic Development should be available and the commercial name should reflects the service provided by the center and does not reflect any medical activity.
4-1-2. A valid Dubai Health Authority License for the staff if needed.
4-1-3. Inspection card.
4-1-4. Updated staff list.
4-1-5. All staff should get valid occupational health cards issued from Dubai Municipality - Clinic & Community Health Section.
4-1-6. Provide only permitted services and don't provide any medical services.

4-2 Staff:
4-2-1. Wearing uniforms during working hours & keep it clean.
4-2-2. The personal hygiene for the staff should be maintained.
4-2-3. Disinfect hands before & after each activity.
4-3 Equipments:

Not allowed to use any medical equipment for massage purpose or other activities, and the staff should get a training certificate to work with these kinds of equipments.

4-4 Premises:

4-4-1. The location should be approved by Planning Department at Dubai Municipality.
4-4-2. The location should be in a main road and avoid to be in a residential area.
4-4-3. An approval from Drainage Department / Dubai Municipality.

4-5 Furniture:

4-5-1. The furniture used should be kept clean & made from easy to clean materials.
4-5-2. Cupboard & drawers for keeping towels & tools.

4-6 Premises:

4-6-1. Private toilet should be available in the center.
4-6-2. Waiting area.
4-6-3. Suitable ventilation and lighting.
4-6-4. Suitable massage beds should be provided in massage rooms or separated area should be available for each bed not less than 6 square meters provided with a partition between the beds if they are in one room.
4-6-5. The walls should be painted with suitable and smooth paint, not rough and the floor should be made from easy to clean material such as ceramic tiles.
4-6-6. Special designated area should be available for bathing and changing cloths with a cupboard provided with towels.

4-7 The center should provide the following materials:

4-7-1. Disinfecting materials for tools should be provided to disinfect before & after each use and kept in a cupboard.
4-7-2. Waste bin with cover for waste collection.
4-7-3. First aid box.
4-7-4. General safety requirements should be available in the building.
4-7-5. Sufficient number of towels to avoid usage for more than one time without washing.
4-7-6. A cupboard for keeping clothes.
4-7-7. Disposable bed sheet roles to cover the massage beds.
4-7-8. Hand wash basin with ceramic around it and availability of liquid hand soap.

4-7-9. Water heater.

4-7-10. Water source and drainage facility.

4-7-11. Not allowed to keep any advertisement that violate the ethics in the center.

4-8 Smoking is not allowed inside the center. No smoking sign should be displayed in the entrance.

4-9 Accommodation & cooking are not allowed in the center.

4-10 Each massage center, Spa center should decide to provide services to one gender only (male or female) and the staff who offer these services should be from same gender (male staff to male clients, female staff to female clients).

4-11 If the Massage, spa center provides services for both males and females, then separate entrance must be available for each gender, and the center must mentions working hours timings for each gender in the entrance of the premise.

4-12 The center must not offer any treatment or surgical services, and the services in center must be provided to healthy people only who aim to get relaxations and body comfort only.

4-13 Internal announcement (Arabic and English) must displayed at noticeable area covering the following points:

- Indicate that the center is not for healthcare, and does not provide medical services for patients.
- Informing clients to seek medical advices from the doctor in case of sickness before receiving the service.
- Pregnancy Caution from taking the service.

4-14 The center can perform some other activities if enough area is available like sauna, swimming pool, and other relaxation activities. The swimming pool must apply the requirements of Public Safety Section.
4-15 If the center perform some beautification activities, the beautician is prohibited to:

1. Prescribe treatment or treat any skin disease.
3. Prepare any prescribed preparation that contain component for skin treatment.
4. Request laboratory test or any type of x-ray.
5. Pealing the skin by acids or machines.
6. Performing any treatment, minor surgery or removing a type of pimples or spots.