Technical Guideline for
Cleaning and Disinfection in Residences
(may be exposed to infected person)
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1. **Purpose**

This document provides guidance by Health and Safety Department at Dubai Municipality, for residents to carry out environmental cleaning and disinfection of residences that may be exposed to confirmed case(s) of germs.

This document is prepared in accordance with the guidelines issued by the relevant health authorities in the UAE and the World Health Organization.

2. **Scope**

Residents

3. **Guidelines**

3.1 **General Good Practices**

- As germs can survive on surfaces of different materials for at least 2 to 3 days, surfaces potentially contaminated with microbe should be cleaned & disinfected.

- Do not host visitors in the residence until the place is cleaned & disinfected.

- Seek medical attention if you are feeling unwell.

- Avoid sharing household items with others (e.g. dishes, drinking glasses, cups, eating utensils, bedding). After using the items, wash them thoroughly with soap and water.

3.2 **Cleaning of Residences**

- **Items you will need:**
  - Disposable gloves
  - Surgical mask
  - Change of clothes
  - Plastic/ trash bags
  - Disposable cloths/ rags
  - Bleach/ disinfectant
  - Water and pail
  - Mop
• Prepare these items before you start to clean your home:
  1. Disposable gloves
  2. Face mask
  3. An appropriate disinfectant with indication of effectiveness against germs after ensuring that product is registered by Dubai Municipality. ([Click Here](#)).
  4. A change of clothes
  5. Plastic/Trash bags
  6. Water
  7. Disposable cloths or rags
  8. Pail
  9. Mop

3.2.1 Cleaning Instructions
1. Before you start cleaning, put on a face mask and a pair of gloves. Avoid touching your face and eyes during clean-up.
2. Prepare the disinfectant or bleach solution according to the manufacturers’ instructions.
3. Keep the windows open for ventilation.
4. Mop the floor with the prepared disinfectant or bleach solution, starting from one end of the home to another.
5. Soak cloths with the prepared disinfectant or bleach solution and use them to wipe all frequently touched areas (e.g. handles, doorknobs, armrests, seatbacks, tables, keyboards, mouse, switches, blinds, windows, walls, etc.) and toilet surfaces.
6. Clean toilets, including the toilet bowl and all accessible surfaces in the toilet with disinfectant or bleach solution.
7. Do not use a spray pack to apply disinfectant as it may create splashes, which can further spread the germs.
8. Remove bed sheets, pillow covers, blankets and other fabrics for washing. Use a washing machine and detergent to wash.
9. If person(s) are still being tested for germs, do not use mattresses, pillows, carpets or cushions that have been used by them until they are determined to be free of infection.
10. Repeat mopping the floor with the prepared disinfectant, starting from one end of the home to another. Avoid going from an area that has not been cleaned to an area that has been cleaned, to avoid dirtying the cleaned area.
11. Throw away all cloths and rags used, as well as other waste from the clean-up, into double-lined plastic/trash bags.
12. First, remove face mask, get rid in double-lined plastic/trash bags, and wash your hands with soap and water.
13. Remove gloves, get rid in double-lined plastic/trash bags, and wash your hands with soap and water.
14. Throw gloves and mask(s) into double-lined plastic/trash bags.
15. All waste generated from the clean-up (in paras 11, 12, and 13) should be segregated from other household waste, and disposed of as regular waste as soon as possible.
16. Change your clothes immediately after the clean-up and take a shower.

3.3 List of companies that can carry out disinfection works
- Please find the list of cleaning and disinfection service companies on Dubai Municipality website (Click Here).
  The list is for reference only and is non-exhaustive. Dubai Municipality neither endorses the companies, nor the views they express or the products/services they offer.
- If required, please refer to list of companies for biological waste collection and disposal that approved by related government sector in Emirate of Dubai.

4. References:
- Ministry of Health & Prevention, U.A.E.
- World Health Organization (WHO).

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